ST MICHAEL’S NEWSLETTER Term 4
Friday 14th October 2016—Week 2

Learning Together!
Achieving Together!

IMPORTANT DATES

October
24th Sports Carnival
31st School Closure

November
1st Melb Cup School
Closed
16th Prep Orientation
21st-25th Swimming
Program
29th Prep Information
Evening

December
7th Pep Orientation
8th Christmas Carols
Evening
12th Big Day Out – Grade
6 End of Year Excursion
14th Grade 6 Graduation
Evening
15th End of Year School
Mass
16th End of Term 4

Respectful Responsible Learner Safe

Prayer for Protection
Archangel Michael to my front
to my back, to my left, to my right,
above, beyond
and in my center.

I am covered.

Principal: Denise Hussey
8 Brougham Street, North Melbourne, 3051
Tel: 9329-9206
Fax: 9329-1250
Email: klanza@smnthmelbourne.catholic.edu.au

Presbytery: Fr Tran Ngoc Tan
456 Dryburgh Street, North Melbourne, 3051
Tel: 9328-2104
Dear Parents, Caregivers and Children,

Firstly I must congratulate Daniel and all the Western Bulldog supporters. What a wonderful and well deserved win the Bulldogs had. I think Daniel is still celebrating and will be for a while to come!

Welcome back to term 4!!! It is very hard to believe that we are coming nearing the end of our school year. Term 4 will be full of great learning opportunities for each child in our school. We will also celebrate many special occasions beginning with St Michael’s Feast Day which we celebrated last Thursday with Mass, a special icy pole treat for each child and a visit to Royal Park for some fun and free time. We also look forward to the special events such as Christmas Carols and Yr 6 Graduation later in the term, so please check the school calendar and ensure you place the dates into your diaries.

An important date in our calendar is this Sunday’s Spring Fling in Errol St North Melbourne. I take this opportunity to, on your behalf, thank each of our staff who willingly giving their time on Sunday to come and be part of a St Michael’s Stall so we can promote our school to all in the community. So please come along and support us and offer your assistance, as the saying goes, "Many hands make light". Working together we can make a difference and show the community that St Michael’s is a place where each child is known and is a school of first choice.

Already this term our children have been engaged in excursions and incursions relating to their learning. Our Year 5/6 children had an excellent excursion to the Huddle in the North Melbourne Football Club Centre where they and children from Holy Rosary Primary worked with University of Melbourne students on tasks that will assist them with their transition to Secondary School as well as into Year 6 Leadership positions.

All the children are engaged in Inquiry learning based on History this term. To immerse the children into this unit our Year 3-4 children has an incursion with the people from ‘The History Box’. They had a wonderful time learning about our past and taking part in a variety of activities that helped them to ‘step back in time’.

We welcome to our school team our new School Counsellor, Sally Tyrrell. Sally is a very experienced counsellor who has and is currently working with many children and families in schools around Melbourne. If you have any concerns regarding your child’s wellbeing, their relationships with friends, family members or their ability to cope with making or keeping friends and difficult situations, then I urge you to consider talking to Sally or myself as to how counselling may assist your child. Sally will be here on Fridays from approximately 9.30am. So please contact the office for the forms to begin counselling for your child or to make a time to speak to Sally or
Last Friday our staff met with Catholic Education Staff to begin putting together St Michael’s 2017-2020 School Improvement Plan. This is a very important task and one each staff member made a considerable contribution. St Michael’s is committed to ensuring we provide each child with an education that is purposeful, engaging and is developed through contemporary approaches in all areas of learning. As we continue to go forward this plan will be shared with all members of the community as we are all part of the team and we all have a responsibility to ensure we provide each child with the education they deserve.

SCHOOL UNIFORM

I remind you that as of Monday 17th October all children will need to be in their correct Summer Uniform.

Girls – Summer Dress, white socks (not anklet) black school shoes, School windcheater or jacket

Boys – Grey shorts, grey socks (not anklet) black school shoes, School windcheater or jacket.

Sports uniform is only to be worn on the days they do sport

Prep – Monday & Thursday
Yr 1/2 – Monday & Thursday
Yr 3/4 – Monday & Thursday
Yr 5/6 – Monday & Thursday

ALL CHILDREN MUST HAVE A SCHOOL HAT

If your child is not in correct uniform you will be receiving a note and asked to ensure they are in correct uniform from the following day

A reminder to all to download our school app onto your smartphone to ensure you do not miss any messages from our school.

Newsletter: Newsletter will be uploaded to Skool Bag App. You will only receive a paper copy if you have requested it. Thank-you.
Celebration at Royal Park

Respectful    Responsible    Learner    Safe
Celebration at Royal Park

Respectful  Responsible  Learner  Safe
Art News.

Grade 3/4 students studied a marvelous sun painting by John Olsen in Term Two this year. John Olsen is one of Australia’s greatest living artists. There is now an exhibition of John Olsen’s work at the National Gallery of Victoria, Federation Square, on until February 2017. It would be a fantastic experience for your child to go and see these works in real life! Any students of St Michael would enjoy this artist’s use of colour and line.

Summer in you beaut country by John Olsen

We’ve started off the term celebrating spring with paper flowers by Prep to 2 students decorating our walls and the front window. Grade 3-6 students are extending their exploration of figures in art by exploring characters created by pop artist Keith Haring and delicate Wayang Kulit Indonesian Shadow puppets. There’s a lot happening here in our art programme!

Annie

Respect Responsibility Resilience Safety
The Huddle Transition Day

On Wednesday 12th October the Grade 5/6’s went to the North Melbourne Huddle to activities with other schools. We were split up in pairs and then put into groups of four because two students from other school were in our group. My group was Meron, Komay, Elisha, Alex, Kate, Brendon, and Jarrod and myself. It was really fun because we had to do lots of team work and communication. We met new friends and learn new games like jumping volcano. I learnt that most of the games you had to work together and think of strategies.

The purpose was that when you go to a new school you will need to make friends and need to blend in with people. At the end of the day I made a new friend.

Chantelle—Year 5

On Wednesday we walked to the North Melbourne Huddle, we met other children from Holy Rosary there. We arrived at The Huddle at 10am. When we met up with Holy Rosary we were put into groups with them and some students teachers from Melbourne University. We had to do some activities with them. The best activity we did was called Trampoline Tennis which we had a bed sheet and a golf ball was on the bed sheet and we would count to three and pull the bed sheet. We would try and catch the ball before it touched the ground. It was really fun and I made some new friends.

Brian—Year 6

We went to the Huddle on Wednesday. We played lots of games. We played a parachute game and it was so much fun. I got to meet other girls who are going to St Aloysius so I was really happy because I will have new friend when I go there next year. After the parachute game we had to walk back to school and Crystal and I were shared carrying the bags, I carried to The Huddle and Crystal carried it back to school.

Elliana—Year 6

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Elliana—Year 6

Today was the day of our huddle excursion. Honestly, I was VERY excited to go. It was an approx. 10 minute walk from our school so it was not that far. We brought our bags and lunches with us but it was no point. Once we got there, we placed our bags in the actual Huddle room but it turns out we weren’t going to spend time in there for the day. We moved to sports hall and we got into partners. Alex and I were partners but I was sort of taken by surprise when it turns out we weren’t the only school there. Holy Rosary Primary School showed up as well. The organiser in this program told us we were going to be in groups with these people, Alex and I were partnered with 2 other boys named Ben and Pierce. Once we introduced ourselves, we moved upstairs into the (The sword kind) fencing room.

Once we got there, it turns out our group was going to grow more. They added 5 UNIVERSITY STUDENTS to our group. Their names were Zen, Matt, Shaun, Sarah and another guy who I forgot his name. We Done some activities which were OK. We first did a game called Radio-Active Isodacts. We needed to transfer a bucket of golf balls into another bucket without touching the balls or the bucket and only transferring them with strings attached to the bucket.

Another game we did was called Chopsticks and it is a game where we have to balance one chopstick on top of the other. To be honest, I thought it was impossible. We then did Cross the Volcano and I thought this game was the funniest highlight of the day. I was in the lead of the group when Alex left me stranded in the middle of the lava and left Ben and Pierce sitting at the start.

So we had done more games and It was a really fun day. Those guys (and girl) were really nice people and I hope I can see them again one day. Orion—Year 6

Respectful     Responsible     Learner     Safe
**Mental Health Week 2016-Activities**

**Poke Hunt**

What:
People will search for pokeball. On the back of each pokeball there will be a fact and a question about mental health there will be a clue to where to find the other pokemon. Each person will have a checklist on the pokemon that they have found and need to find. The first person to finish finding all the pokemon wins. To prove that you have found all the pokemon you will also have to take a quick quiz.

**William, Kidus, Essey**

**Mandala**

Mandala comes from a Sanskrit word that generally means circle. A mandala is a figure that represents the universe. Mandalas are proven to be relaxing and self-soothing due to the geometric designs. Carl Gustav Jung says it’s a safe refuge of inner reconciliation and wholeness. “Mandala art therapy & healing can be a great source of reflection on one’s soul” others say. Mandala is for all ages and most adults have more complex than others. Most people colour mandala when they are stressed, angry, courageous, fearful, hateful, and sad. Most people draw mandala while they are listening to music so they can meditate.

**by:** Isabella, Reyana, Elenie & Meron.

**Origami**

Origami promotes good mental health skills and strategies. Origami promotes mental health because it allows calmness and allows you to stay focused. It lets all the day’s tension and stiffness to be removed from your mind. In conclusion origami is a good source to improve your mental health.

**Elliana, Crystal and Matilda**

**Sports**

Sports help our mental health in a variety of ways. One of the ways help are improving your leadership, in games like basketball and soccer it’s a opportunity to train, try, win or lose together. People involved in sports are naturally more inclined to adopt a “team mindset.”

**Sara, Enya, Aron**

**Our group organised yoga for Mental Health Week and we hired a teacher from Northern Yoga Fitzroy for yoga session for all the classes. Yoga is good for your mind, body and soul. Yoga is beneficial for everybody’s mental health because it is a great way to soothe a person’s mind and relieve worries. If you are feeling anxious or sad yoga helps to take your mind off it. Yoga also helps boost your memory and concentration. So, it helps us to be better learners.**

**Chantelle, Gemma, Amy**

**These game is mentally healthy because it uses your team work as well as being strategic with your teammates. You need to also think cooperatively with your group to know where to hide and to know when to leave your hiding spot and find another hiding spot. It may be hard to accept that children could experience stress or suffer from conditions like depression or anxiety, but these issues are becoming more common for today’s children. people who have busy schedules with school and outside school activities. Outdoor Physical activity can help kids reduce their stress. The Children & Nature Network says contact with nature can help reduce stress levels and positively impact conditions such as anxiety or attention deficit hyperactivity disorder.**

**https://sites.google.com/a/smmthmelbourne.catholic.edu.au/st-michaels-mental-health-week/**

**Gregory, Daniel, Siebert & Phoenix**
Mental Health Week 2016-Activities

Respectful    Responsible   Learner   Safe
The History Box—Then an Now ...............

Respectful    Responsible    Learner    Safe

This is what was worn by ladies in the 50’s

These were the hair styles in fashion in the

We are playing a game called Ngaka Ngaka. It is like noughts and crosses.

This is what was worn by ladies in the 50’s
The History Box—Then an Now ..............

We are exploring lots of things that were used in the olden days

We are playing marbles.

We are using an ink pen to write with.

Respectful  Responsible  Learner  Safe
St Michaels Book Fair

You’re invited to our Scholastic BOOK FAIR!

Australia! Story Country
Find your story at the Book Fair!

Don’t Call Me Bear!
Timmy & Tantrum
400 Minutes Danger
Skyfire

All purchases benefit our school!

Date: 21st November-25th November
Place: School Hall
Time: Every Day after School and Lunch Time Wednesday & Friday

Australia! Story Country is the Book Week theme of The Children’s Book Council of Australia

Respect  Responsibility  Resilience  Safety
My “I Spy Outside” Record Sheet

Congratulations Nyidier, Jayden, Jake, Fatma, Lucy, Jennifer, Trinity and Megan on completing their “I Spy Outside” record sheet. The children receive stickers for being safe, respectful, a learner or responsible during playtime and lunch time. When their chart is full they are rewarded with a lucky dip. The children then receive a new chart to practice our school wide positive behaviours.

Respectful  Responsible  Learner  Safe
### 2016

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**Added or Amended Item**

School hours are:

8.30am (Gates open) supervision in the yard—9am School day begins
3.30pm—3.45pm supervision in the yard.

All children who arrive earlier than 8:30am will be sent to before are and children who have not been collected at 3:45pm will be sent to aftercare (Fees apply).
Second Hand Uniform

If you have any uniform that your child does not fit into any more, our second hand uniform shop is accepting donations. Our uniform shop offers items from $2.00 and is a great way to recycle and pick up extra items of uniform you may need. Thank-you

Canteen Volunteer Reply Slip

Name:________________________________________________________________________

Phone No. _______________________________________

I am available on: (please circle)

MONDAY                        THURSDAY
11:30-1:40PM                   12:30PM-1:30PM

□ Weekly                       □ Fortnightly               □ Monthly

Parking Regulations

We ask parents to adhere to parking regulations in and around the streets which surround St Michael’s School. Please remember that the area directly in front of the school in Brougham Street is a no standing zone while flags are displayed at the beginning and end of the school day. It is not ok to park your car and come into the school if you are parking in this area.

Birthdays …

We are wishing Axel, Manuel, Christine, and Matab, a very special day as they celebrate their birthdays with family and friends.

Enjoy all the fun! Happy Birthday!

Respectful    Responsible    Learner    Safe
Happy Diwali

This Diwali Season

Join us for a short Diwali presentation, followed by masala chai, traditional snacks and fruit. Bring family and friends.

Everyone is welcome!

Afternoon tea

Thursday 20th October
1pm - 3pm

North Melbourne Language & Learning
Ground Floor, 33 Alfred St, North Melbourne

For more information and RSVP’s
E: enquiries@nmll.org.au
Ph: 9326 7447

Respectful    Responsible    Learner    Safe
Learn music 
here at school
Come and join in the fun of learning to play keyboard, guitar, here at St. Michaels Primary School.

Creative Music for Schools conducts a music program here at school each week.

Small group classes or one-to-one lessons of up to 30 minutes give children an excellent grounding in music where they will learn to read music and play their chosen instrument.

Tuition costs from $16.20 per lesson and enrolments are now being accepted for limited places in term 4, 2016.

Interested parents should call Fiona during office hours on 9818 2333 or email fiona@creativemusic.com.au

Creative Music
www.creativemusic.com.au

Respectful  Responsible  Learner  Safe